

the trumpet



CROWN HEIGHTS United Methodist Church

Lead Pastor: Rev. Trina Bose North

March – April 2019

Vol. 15 Issue 1

Busy: Reconnecting With an Unhurried God

by Rev. Trina Bose North

Come to me all you who are weary and are carrying heavy burdens, I will give you rest. — Matthew 11:28

My family of five is always on the go. There are tutors, band rehearsals, basketball practices, and art classes to balance. The adults in my house have to work to squeeze in our own activities! How often do we slow down and connect with one another? I don't think my life is much different from most people's. We live in a busy time, moving at a fast pace. *Always a new post on Facebook. Always a new show on Netflix. Always a reason to work a little extra. Always an opportunity in front of us.*

The Season of Lent has often been a time when we think about "giving something up." But what if we thought less about "giving up" and more about "making room?" This Lent we will focus on what it really costs to be so busy. We will reconnect with an unhurried God.

Our Lenten theme draws on the need for self-care in order to continue our work of caring for others. It addresses the growing intensity and frenetic pace of life. This season we will practice making room, clearing out, slowing down, and prioritizing for the sake of holistic lives. Marcia McFee, who created our Lenten theme, said, "This holistic life involves living with the rhythms that allow us to thrive, finding a balance between work, play, rest and reflection. Jesus calls his followers to more than just unbridled consumption or production. Rather, the Scriptures see our lives and bodies as gifts that should be nurtured."

Join us to slow down and worship our unhurried God, preparing our hearts for the joy of Easter.



Lent Worship Services

Ash Wednesday Worship, Wednesday March 6, 6pm - As we mark the beginning of the Season of Lent, join us to focus our spirits on Christ and our journey to the cross. Childcare available. *"From dust we came and to dust we shall return."*

Taize Worship, Wednesday April 10, 6pm - Taize is a style of worship originating in a monastic community in Taize, France. It uses simple, receptive songs to create a contemplative worship experience. The songs are usually biblical. Taize also utilizes prayers, meditation, and silence to bring God nearer. Childcare available.

Maundy Thursday Worship, Thursday April 18, 6pm - Remembering Jesus' Last Supper and his arrest, we will gather to be with Christ in his last days. This is a quiet, reflective service. Childcare available.

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March/ April Calendar

March

March 6— Ash Wednesday Service, 6pm
 March 10— Time change
 March 10— Reconciling Group Meeting, 5pm
 March 13— Wednesday, Ladies' Day Out, 11am

April

April 7— Diaper Shower for Amber and Parker
 April 10— Wednesday, Ladies' Day Out, 11am
 April 10— Wednesday, Taize Worship, 6pm
 April 18— Thursday, Maundy Thursday
 worship, 6pm
 April 21— Easter Sunday, worship 8:30 & 11am
 EASTER BREAKFAST, 9:30- 11am
 EGG HUNT, 10:15am
 April 24— Arts Academy Recital, 4:30pm
 April 27— Saturday, Worship, 4:30pm,
 Dinner following worship
 April 28— Sunday, NO CHURCH because of
 the OKC Marathon

Save the Date-

Arts Academy
Showcase of Talent and Recital -
April 24th - 4:30-5:30pm
Come support and encourage these
young musicians and artists.

Vacation Bible School
June 17-20, 2019
5:30-8pm
Jerusalem Marketplace
 Please, talk to Madison Rubino if you are able to help
 out in any way.



Monthly Mission Projects

March 10 in worship— We want to pour out some love on the students at Putnam Heights Elementary School. During worship, we will write notes to all of the students while they are on Spring Break. When they come back to school, they will have our notes wishing them well. We need to coordinate with the school to place the notes on the desks.

April 13 Saturday— All-Church Workday from 9:30am to 2pm— Join OU students to work on our church building and grounds.

May 4 Saturday— Join us from 8:30am to 3pm to paint the exterior of a house. We will meet at the church at 8:30am and drive to our worksite. Please, let Trina know if you can join us.

Mission Ideas

by Julie Willians

Do you ever dream of ways to help others, but talk yourself out of it because “it’s too small”? The Fishermen’s Class recently sponsored a mission project to collect used greeting cards. We gathered a nice collection of cards and delivered them to the Okarche Center of Family Love where they will be used for projects created by residents of the facility. The Fishermen Class wanted an opportunity to be in mission and this project proves that whether you are in service to others in big or small ways, you always bring joy and share happiness!

E-Giving

Please remember to use our convenient online option of giving. Through the webpage (crownheightsumc.org, upper right-side), members will be able to make one time donations or set up monthly giving.

Just to let you all know how it works—

there is a 2.75% fee for all credit and debit card transactions, and there is a 1% fee for all transfers of money from personal banking accounts. (To transfer money from your account, we will ask you to fill out a form.)

We appreciate any gift, of course. But if it is possible for you to transfer funds, the church would benefit even more!

Thank you.



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Arts Academy

by Janet Basler

Silence and exuberant sounds both echo through the Arts Academy on Wednesdays. During a telling of the Bible story of Job one evening only the story could be heard. No one was whispering to their neighbor, no one was singing, only Job and his wonderful relationship with God could be heard.

Shortly afterward a saxophone breaks out in soothing notes that flow down the halls and out to the next building. Upstairs a group of girls work their looms amid a chorus of giggles and girl stories, interspersed with moments of total silent concentration on getting just the right look for their ever-growing woven creations.

In other rooms pianos and guitars ring with familiar tunes then abruptly stop while teachers very quietly explain how fingers could move differently to make it easier to hit the right notes, and the pressure from those fingers could change to make the songs more enjoyable to hear. The boys in the drum room beat out rhythms one minute, are silent the next as the teacher explains a pattern, then giggle loudly as they try the new pattern and manage to get a small part of it correct.

Upstairs the young clay sculptors are very quiet as they mold their clay and talk with Jamie about their lives at home and school. But every so often laughter as well as frustration is heard from them as the clay just doesn't do what they envision it should, at least not YET.

What a joy it is to witness this wonderful cacophony of sounds and quiet working each week. Knowing that young children, older teens, and adults are working together to create things of beauty and memories with each other in our church is truly a blessing.

Thank you Ann Truscott for coming to see what is going on at the Arts Academy and also for bringing us materials we can use in our creations.



Examples from our weaving class

Whiz Kids

by Janet Basler

The smells of homemade chicken noodle soup, or homemade individual pizzas, or nachos, or cinnamon rolls greet our Whiz Kids each week as the tutors bring them to the church from school. Soon they are sitting at tables with other Whiz Kids and their tutors eating a big snack and telling each other about their days.

After snack time comes the time for reviewing the six Whiz Kids rules. Sometimes we do that with humor, sometimes with seriousness, and sometimes with dancing. Then the Star of the Week is introduced by their tutor. We learn how kind, and motivated our Whiz Kids are. We learn what they want to be when they are grown (a lot of doctors and teachers so far). We learn how much their tutors admire, and love their Whiz Kids, and how that is returned by their Whiz Kid.

Then the real fun begins - reading together!!! We see some tutors reading with expression while the Whiz Kid points out which words they missed. We hear some Whiz Kids reading with expression, while the tutors laugh at the funny parts, and ask questions at the hard parts. We hear small groups of tutors and Whiz Kids playing reading games together, laughing and encouraging each other as the game gets intense. We hear kids tell of the books they've read as they earn Scholar Dollars to be given out at the end of the year.

At one point during our time together the kids gather to hear a Bible Story, while their tutors get ideas on new ways to help their kids with reading. Many of the kids get to help tell the stories they are learning so well. Tutors and coordinators share ideas of things they've found works with helping kids read.

After spending a little under 2 hours together, the whistle blows in the hallways, and everyone leaves - always with the snack Charlene has left for them. The tutors have one last chance to connect with their kids on the way home, then say, "Goodbye, and I'll see you next week."

Whiz Kids has to be one of the best, if not the best, ministries/programs ever designed to help at-risk kids learn to read better, and even more importantly, know they are wonderful, competent, and loved people. Maybe that is the key to the power of Whiz Kids in these young lives. It's a lot easier to learn to read when someone like a Whiz Kids tutor knows you can, and is willing to be there each week to help you know it yourself.

We currently have 28 Whiz Kids at our church each Thursday. We have space, food, books, and games for more. We just need more tutors to reach more kids. Maybe that is you?



Our own Amelia, as the STAR of the Week 1/24/19

Madison Rubino's Mission Trip

by Jamie Cross

Our own wonderful Children and Youth Director Madison Rubino is going on a mission trip to Boca Chica, Dominican Republic March 15 – 22. While there, Madison will work with others from Global Ministries teaching English and working on service projects at the specialized school for the vulnerable children in this region. These kids attend school half day then sell trinkets and shine shoes for tourists in the afternoon to earn money for their families. We are SO proud of Madison and what she does for our kids and kids around the world!

Madison is also an incredible baker - see the cupcake bouquet Madison recently made as a Valentine fundraiser for her trip!



Youth Schedule

March 3— Dodge Ball—Meet at the church or be ready for pickup at 3:15pm.

April 7— noon to 3pm, Game Day

May 5— noon to 3pm, Cinco de Mayo Surprise

June 9— noon to 3pm, VBS prep

June 17-20— VBS, youth are invited to participate as helpers

July 7- 11— Sunday through Thursday, Mission Trip

The youth will do mission work through C2K (Connecting to the Kingdom). C2K is an inner-city service ministry of three United Methodist Churches in Dallas, Texas. They will provide us lodging and volunteer opportunities in Dallas. We might work in a Food Bank, help at daycare setting, or serve meals to the homeless. Their mission is to connect us to Christ, using our work as worship.

Webpage—c2kdallas.org

August 11— Pool Party at Trina and Justin’s house



Children and Youth Highlights



December 9— Children’s Christmas Program
In “Coming Home,” the kids showed how God is our true home and is available always.



December 16— On the third Sunday of Advent, we celebrated that “Joy is Our True Home.” Our youth shared with the congregation where they find joy, naming things like friends, family, and (our favorite) at church. These youth bring so much joy to our church!

December 22-23— The youth had a Lock-In at the church. We ate pizza, did Christmas crafts, played sardines, and read stories under the Christmas tree. Perfect way to kick off their Winter Break.



January 27— Our church sponsored a movie outing for our children and youth, 35 total. We went to see the Amazing Spider-Man (new animation), a movie liked by all ages.

From the **Girl Scouts**— A big thank you for supporting our troop through cookie Season. At the Souper Bowl Potluck on February 3, 2019, our church bought about 100 boxes of cookies. Our love for these girls is so appreciated.

Crown Heights United Methodist Church
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Christmas Highlights

November 30— Delegations from the Pyramid Sunday School Class and the United Methodist Women visited longtime CHUM Phyllis Henry in Ft. Worth. The group enjoyed several hours of food, fine arts, fashion and fellowship. Special thanks to the Central Texas Conference and First Mansfield UMC of Ft. Worth for facilitating the logistics of this trip.



December 9— These carolers brought Christmas cheer to three of our homebound members. But truly we enjoyed the evening every bit as much as them! This picture includes Rev Wayne Coffin (2nd from the right), who served CHUMC back in the 1960's.

December 13 was our annual Whiz Kid Dinner. The Grinch came but didn't stop Christmas from coming! The food was delicious! Santa brought the kids presents! And the room was filled with tutors, teachers and volunteers, all supporting our Whiz Kids. Christmas came!



December 24— We gathered to hear the Christmas story and sing the songs to help bring forth the holiest night of the year. Here are the Coles, lighting the Advent candles on Christmas Eve. We had 130 people in worship, including 2 babies under a month old.