



# the trumpet



CROWN HEIGHTS United Methodist Church

Lead Pastor: Rev. Trina Bose North

August-September 2020

Vol. 16 Issue 4

## Worship theme for August and September: "Home"

### Trina Bose North's thoughts on home...

Since March, I have spent more time at home with my three kids. This pandemic has slowed me down and kept me home, and I am grateful. I know these days with my kids at home are numbered, and I will always treasure the memories being made right now. But I don't want to paint an inaccurate picture of our time together. When my kids are picking on each other and not being kind, I tell them, "Stop, this is their home. They need to feel safe here."

And that is truly how I feel. I believe home should be our safe landing. It should be where we are allowed and encouraged to be our true selves. Home should be the place we feel welcomed, accepted, and loved. This is also how God feels. We get to bring our full selves to God, and through God's grace, we are accepted and loved and grown into our best version of ourselves.

The Bible has many images of home. Throughout August and September, we will hear stories of the Israelites searching for their homeland, Jesus visiting people's homes, and the home God makes for us here on earth. In all of these stories, the homes are like a character, adding God's welcome and warmth, acceptance and safety.

Join us these weeks as we focus on home. I invite us to into God's familiar presence of acceptance and love. May God feel like home to us, and may we find our way back home.

### Colleen Bicket's thoughts on home...

I consider my "hometown" to be Verden, OK. (It is half way between Chickasha and Anadarko). I was there for Jr High, HS, and college - until Paul and I were married in 1975.

My graduating class only had 13 in it.

My favorite thing about home was the sense of security I had knowing my parents were always there for me and my friends. In a small town, there were lots of other adults who were there to help and mentor me. Even with small numbers in SS and church, I enjoyed growing up in the Verden UMC! (And for the old timers at CHUM, Pete Petree's mother had a special seat every Sunday during that time she was alive at the Verden UMC!)

As far as my favorite place at home now, I'd have to list two things. There's a chair in my bedroom where I can read, use my iPad (where I usually watch the CHUM service) or watch TV. It's the most comfortable place for me to sit. But my other 'favorite' is anywhere my family is in our home when we are together.

Home is a safe place for me. I don't have to worry about outsiders intruding. It doesn't matter what clothes I'm wearing, if makeup is on and hair is done. I'm accepted for me just as I am. Reminds me of that hymn I learned so many years ago in Verden.

### Beverly Endicott's thoughts on home...

What is your hometown? *Altus, OK*

How many people graduated high school with you? *Around 300*

What was your favorite thing about home? *My friends—many of whom I'm still in contact with. Our high school reunions are great!*

In your home right now, where is your favorite place? *The deck in the backyard—in all seasons*

What does home feel like? *Comfortable.*

THE TRUMPET (USPS 000-612) is published bi-monthly by Crown Heights United Methodist Church at 1021 NW 37th Street Oklahoma City, OK 73118-7199.

Periodical postage paid at Oklahoma City, OK.

Address Service Requested

POSTMASTER: Send address changes to: The Trumpet at the above address.

## COVID-19 Update

by Dr. Paul Bicket

Dr. Paul Bicket is a longtime member of our church and a retired anesthesiologist. This is what he wants us to know about Covid-19:

### "What Efforts Are You Doing to Stay Safe"

COVID-19 positive cases are rising in many states at this point, including Oklahoma. Many thought the virus might be seasonal but from current research it appears that it is not seasonal. The best approach to staying safe (what Colleen and I are doing) is to limit your exposure with others by wearing a mask (face covering) and staying at least 6 feet apart if you must interact with others.

Paul recommends this write-up, as a reminder of how to avoid the virus:

### **From an AMA interview with Hannah Kirking, MD, medical epidemiologist, Division of Viral Diseases, CDC**

The primary form of transmission of COVID-19 is person to person. Person to person transmission is essentially when someone talks or speaks or coughs, they create little droplets. Social distancing is the number one way to prevent transmission. It essentially limits your ability to be hit with anyone else's droplet. If that droplet is either inhaled by someone or hits mucous membranes, that's when transmission occurs. The mainstay of prevention remains social distancing, which means keeping six feet from other people, as well as minimizing the number of people that you come into contact with. It also means wearing masks or face coverings (as they should be called) to essentially reduce exposure. If someone might be sick, whether they know it or not, it reduces their ability to transmit the virus to others. This is called source control.

The mainstay of what we're doing right now and trying to get people to do is maintain the social distancing, and wear face coverings when needed or when appropriate. The other thing we haven't talked a whole lot about is really good hand hygiene. Our hands are our way of interacting with the environment. And so it sounds like an old kindergarten adage, but "wash your hands" is still largely really good advice for us.

## Church Face Covering and Distancing

As we gather at the church, we are asking everyone to wear a mask and maintain social distance. There are adjustments, especially distancing at church. But as people come into the church building and gather for Outdoor Worship, everyone has been great. A BIG thank you to all our members for cooperating so well and keeping one another safe.

The picture below is Jim and Pam Rust with their granddaughter, Dylan. They mask up with one another and maintain distance. Just seeing each other brings smiles to their faces—you'll have to trust me!



## On-Line Ministries

Serving our community online is a priority for us. We want to give our congregation options to stay home and still worship and connect to one another. You are invited to plug in to these opportunities:

Facebook (Crown Heights United Methodist Church) for info and worship videos.

Webpage ([crownheightsumc.org](http://crownheightsumc.org)) for on-line giving and sermon videos.

Zoom for small group gatherings—conversation on directed topics.

If you are having a hard time viewing worship, please let Trina know. We can work with your system and help you connect to the webpage or create a Facebook account for you. We can provide the worship videos on USB drives and help you watch them on your computer or a portable player. Just let us know what you need.



## August and September Calendar

Outdoor Worship, Sundays 9:30am  
Livestreamed on Facebook

August 16—

Guest preacher Rev. Nancy Johnson

September 13—

Homecoming celebration

Zoom conversations, Sundays 7pm

Directed conversation on Upper Room topics

Children and Youth Gatherings at parks,

Sunday August 9 at 4pm—Memorial Park

Sunday September 13 at 4pm—Crown  
Heights Park



## The Upper Room Daily Devotions

You are invited to take part in reading **The Upper Room Daily Devotions**. *The Upper Room* shares a daily scripture verse, short devotion, and prayer. It is a good moment of centering for our faith. Many in our church are already familiar with these devotions.

You can access *The Upper Room* by uploading the app, reading online, or asking the Church Office for a booklet.

*To upload the app on to your smart phone, you will need to create a sign in. The first month is free (30 days of devotions free), after that it's \$1.99 for a month. Through the app, there is an option of having the devotion read aloud, so you can listen in your car.*

*To read online, go to [upperroom.org](http://upperroom.org), click on tab called "Daily," click on "Daily Devotion."*

*To get your hands on a book, call the Church Office and ask Susan to mail one to you. We have 6 copies available.*

If you would like to go deeper, join us for **Zoom meetings** on Sunday evenings at 7 pm, focusing on the week's Upper Room devotions. We can choose one from the week to read together and discuss the lesson being taught. Anyone is welcome to the Zoom conversation. Even if you aren't following the Upper Room, we will read the lesson aloud so everyone will know the topic.

## Farewell to the Pickens



Jared and Ashley Pickens have been members of our church for six years. They have both been active and served on our leadership committees. They have organized our Young Adult Supper Group and really brought that group together. But their greatest contribution has been adding Theodore to our church family.

Beginning September 1, Jared will start a new job in Chattanooga, TN as the Scout Executive/CEO of the Cherokee Area Council. Both Jared and Ashley are excited to move back home to Tennessee.

We send them off with love and wish them the best!

## Monthly Mission

Church World Service (CWS) is a ministry supported by the United Methodist Church, bringing aid to those affected by disasters, both natural and man-made. CWS has one goal: building a world where there is enough for all.

"Church World Service provides kits and blankets because of the generosity of our dedicated congregations," said Matthew Stevens, Director of Congregational Giving at Church World Service. "Each year, congregations assemble these small packages of love and they do make a huge difference in the lives of many people, especially during these uncertain times." Because of your congregation's generosity in helping provide kits, this action will help equip people to manage the cleanup process after a flood, tornado or other disaster. Kits help make all the difference between sickness and health for struggling families.

This year as hurricane season approaches, they are low on Hurricane Kits. We can help by assembling some kits and mailing them CWS's distribution centers.



## List for Hurricane Kits

**Let's commit to making 5 kits. What item can you shop? Let Trina know.**

- Five dust masks (x 5)
- Four scouring pads (x 5)
- 5 scrub brushes
- Two pairs non-surgical gloves (x 5)
- 5 packages of 48-50 clothespins
- 5 clotheslines, two 50 ft. or one 100 ft.
- Seven sponges, including one large (x 5)
- Eighteen reusable cleaning towels (e.g. Easy Wipes) (x 5)
- 5, 16-28 oz. bottle of liquid disinfectant dish soap
- 5, 12-16 oz. bottles of household cleaner that can be mixed with water (no spray bottles)
- 5, 50 oz. or two 25 oz. bottles of liquid laundry detergent
- 5 pairs work gloves, cotton with leather palm or all leather
- 24-28 heavy duty or contractor type 30-45 gallon trash bags (x 5)
- 5, 6-9 oz. bottles of non-aerosol insect repellent

## Ministry Resource Team Update

The Ministry Resource Team met on July 22, 2020 to make decisions for our church. First, know with our state's rising COVID-19 cases, we continue to feel it is unsafe to resume Sanctuary worship. We will offer Outdoor Worship and videos on Facebook and our webpage.

Our church supported the Bee Removal and following repairs splendidly. Thank you. The total cost was \$4,700, and we raised \$6,700. The extra money will go to our next Trustee project, which is already becoming clear. An HVAC unit for the Youth Activity building has died. It needs to be replaced and the location, on the top of the roof, needs to be changed. Costs are coming in, but it is nice that we have some funds with which to start.

An update from our chair of Finance, Lee Endicott:

After four months of Covid-19, I am pleased to announce that Crown Heights is in very good shape financially. Our members have done an excellent job of keeping their pledges current. Many have gone above and beyond pledging by addressing special needs including missions, the bee removal project and yard expense. Through the first six months of 2020, we are operating at a net profit of \$26,983, which would be great even if we weren't dealing with Covid-19. However, the year is not over and unfortunately, neither is Covid-19. We also recently learned that we will be facing a significant expense after one of our air conditioning units went out. For these reasons, please continue to keep your pledges current so that Crown Heights can continue doing God's work.



Our beehive, located in the back ceiling of the Sanctuary. Our honey jars are coming soon!



## Children and Youth Update

by Jamie Cross



Despite being “together apart” through Covid, and having to cancel the youth mission trip, VBS and a big summer Girl Scout trip, we have tried to keep connected to our kids. In addition to sending frequent notes from the children’s ministry teachers, we have worked hard to come up with fun ways to be together.

In June we started sending out our “Sunday School On the Go” which include activities, including responses to questions from the kids, words of encouragement, and some small treats/incentives for returned lessons. Each week the kids who have returned the precious lesson get a new one, with frequent rewards such as Sonic and Braum’s gift cards for multiple returned lessons. This has been a great way to hear and respond to the stresses our kids have and to fill some of their needs. If your child has fallen behind, we are more than happy to catch them up. Just let me know.

We have also been regularly texting our youth group and have planned some exciting, socially distanced gatherings. For both children and youth, we have two 4pm hangouts coming up, the first at Memorial Park on 8/9 and the second on 9/13 at Crown Heights Park. We plan to cook out, play some games and enjoy being together as a church family. We know as much as we miss the kids that they miss and need each other, and we will continue to try to safely ensure that our kids feel God’s love through our church!

### Children and Youth Gatherings at parks, meet there

**Sunday August 9 at 4pm—Memorial Park (water park available)**

**Sunday September 13 at 4pm—Crown Heights Park (kickball)**

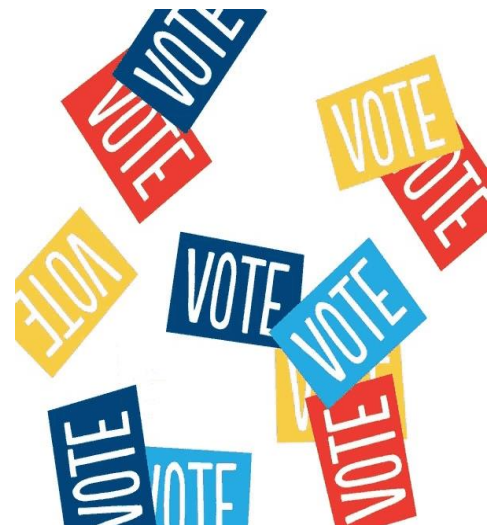
### Voter Registration

A group from our church is interested in helping register others to vote. COVID-19 has affected the number of newly registered citizens, and with the presidential election coming up, we want to try to make a difference.

The group’s plan is to contact OKC high schools and set up registration tables (if they meet in person) and set up tables at apartment complexes. If you are willing to work a table at either a school or apartment building, please let Trina or Angela Hawkins know.

Registering people to vote is important for our democracy. This is a non-partisan political issue, and churches are allowed to work for positive changes on issues like this.

*By the way, are you registered to VOTE?*



## Crown Heights United Methodist Church

1021 NW 37th St. ■ Oklahoma City, Oklahoma 73118  
405-524-8428

Office Hours: Mon-Thurs 8:30am-1pm

Facebook: Crown Heights United Methodist Church



*Address Service Requested*

POSTMASTER: Send address changes to: The Trumpet at 1021 NW 37th Street, Oklahoma City, OK 73118

### Outdoor Worship Highlights



#### Scenes from Outdoor Worship

We meet out front each Sunday morning at 9:30 a.m. We sing, pray, and hear a sermon. Every other week, we celebrate communion together. It is an uplifting, casual time of worship.



On July 12, 2020, Dr. Amy Oden joined us as our Holland Lecturer. She preached on Christian Mindfulness, reminding us that because of this pandemic, we are in a time of widespread social disruption where we are forcibly paused and given an opportunity to pay attention to where God is. We can choose to be more mindful in our lives, our church, and our society.